

Volume 3, Issue 4  
April 2026



# ELLIOTT EXPRESS



## Mission Statement

*Quality choices in a caring and inclusive, home-like community.  
A tradition of promoting dignity and independence  
for those we serve and their families.*

## Elliott Community Annual Easter Egg Hunt!!

FACE PAINTING - EASTER BUNNY PHOTOS- CRAFTS - PRIZES - AND MORE



THE ELLIOTT COMMUNITY'S ANNUAL  
EASTER EGG HUNT

PRESENTED BY:  WESTWOOD  
& STARWOOD DENTAL

BRING  
YOUR OWN  
BASKET

FRIDAY, APRIL 3<sup>RD</sup>  
DOORS OPEN AT 9:15AM  
HUNT STARTS AT 10AM SHARP

\$5 CASH  
ADMISSION





# APRIL OUTINGS

Shopping at Dollar Rama

Thursday April 2nd Leaving at 9:30am



Cost is \$10 transportation plus spending money

Guelph Little Theatre Outing- “Blithe Spirit”

Saturday April 11<sup>th</sup> Leaving at 1:00pm

Cost is \$40 including transportation and ticket



Lunch Outing to Boston Pizza Restaurant

Monday April 27<sup>th</sup> Leaving at 11:30 a.m.

Cost is \$10 transportation plus cost of lunch



Grand Pals Program Outing to St. Patrick’s Early

Learning Centre Tuesday April 28<sup>th</sup>

Leaving at 9:15 a.m.

Cost is \$10.00 transportation



*All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.*

# April Community Centre/Chapel Programs & Events

Wednesday April 1<sup>st</sup> at 2:00 p.m.

Visit with MP Dominique O'Rourke



Friday April 3<sup>rd</sup> at 10:00 a.m.

Easter Egg Hunt (Back Courtyard)

Wednesday April 8<sup>th</sup> at 2:00 p.m.

Tulip & Tea Party with Celebrity Productions



Thursday April 9<sup>th</sup> at 10:00am

Vimy Ridge Program History with Pastor Mike

Tuesday April 14<sup>th</sup> at 2:00 p.m.

Heart & Stroke Presentation with Rebecca Kennedy

Wednesday April 15<sup>th</sup> at 2:00 p.m.

Happy Hour with Rob Edlefsen

Thursday April 16<sup>th</sup> at 2:00 p.m.

Birthday Party with Kim Atkins

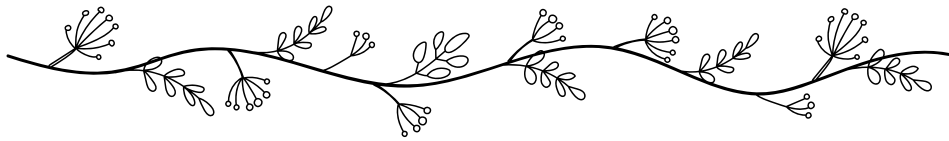


Wednesday April 22<sup>nd</sup> at 2:00pm

Lightshine Singers Spring Concert



# April Chapel Spiritual Programs



Friday April 3<sup>rd</sup> at 2:00pm

Good Friday Service

Wednesday April 8<sup>th</sup> at 10:00am

St. Andrew's Chapel Service

Wednesday April 15<sup>th</sup> at 10:00am

Roman Catholic Mass

Tuesday April 21<sup>st</sup> at 10:00am

Dublin St. United Service

Wednesday April 22<sup>nd</sup> at 10:00am

St. George's Chapel Service

Tuesday April 28<sup>th</sup> at 2:00pm

Memorial Service



# Working on our Wings

## Updates on The Butterfly Approach for Residents and Families



The Elliott Community is the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, person-centred and emotion-focused model of care. The Wellington, Fountain and Edinburgh home areas. The Butterfly Approach is in progress on the Eramosa and Paisley home areas. The Elliott Community is working towards accreditation in all long-term care home areas in 2026.

### Team Member Training Update

On March 30, 2026 the teams on Paisley and Eramosa as well as a few new team members completed their 8 training workshops in The Butterfly Approach. Congratulations to the 75 team members who have achieved this milestone and embraced the concepts of person-centred and emotion-focused care!

### Environmental Update

Now that training is complete, we will be shifting our focus to filling the environment on Paisley and Eramosa. We will be filling spaces and places with items and decorations that reflect the lives of the people who live there. Thank you to everyone who has already shared their ideas and offered items to help fill the space. If there is a themed wall or items you would like to see in Paisley and Eramosa, please share your ideas with Lindsay Marinovic or a member of the team. We look forward to the physical changes that will take shape over the next few months!

### Butterfly Education and Information Session

A Butterfly Education and Information Session is coming to Family Council this spring!

**Family Council presents Butterfly Information and Education for Families  
Thursday, May 21 at 1:30 p.m.**

Following the Family Council meeting, join Lindsay Marinovic, Resident Experience Lead to learn more about what makes The Butterfly Approach special and how family members and visitors can connect and engage as active partners in our Butterfly Community. All family members are invited to attend. Stay tuned for more information!

*If you have questions or ideas regarding The Butterfly Approach, please contact  
Lindsay Marinovic, Resident Experience Lead at  
519-822-0491 ext. 2110 or LMarinovic@elliottcommunity.org*

# **INFECTION CONTROL & PREVENTION UPDATE**

## **Spring Is Coming – Let’s Stay Healthy Together**

As we move into April, we begin the transition from winter to spring. While the days get longer, respiratory and gastrointestinal illnesses can still circulate in long-term care. Ongoing infection prevention practices remain essential to keep everyone safe.

### **Hand Hygiene Still Matters**

Even as winter ends, clean hands remain our strongest defense against infection.

Please remember to clean your hands:

- When entering and leaving the home
- Before and after resident contact or visits
- Before meals and snacks
- After using the washroom
- After Coughing, sneezing, or blowing your nose

Hand sanitizer stations are available throughout the home for easy access

### **Feeling Unwell? Please Stay Home**

Seasonal illnesses don’t disappear overnight. If you are feeling unwell, even with mild symptoms, we kindly ask that you delay your visit.

Symptoms to watch for include:

- Cough or sore throat
  - Fever or chills
  - Runny or stuffy nose
  - Fatigue or body aches
  - Nausea, vomiting, or diarrhea
- Staying home when sick protects our residents and helps prevent outbreaks

# INFECTION CONTROL & PREVENTION UPDATE

## Visitors & Families: How You Can Help

Perform hand hygiene on entry and exit

Follow posted signage and staff instructions

Wear PPE if requested

Do not visit if you feel unwell

Consider wearing a mask during busy visiting times

Your cooperation helps keep visits safe and enjoyable for everyone.

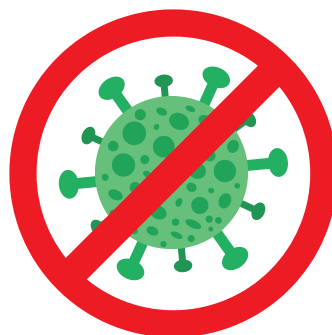
IPAC Myth-Buster: “Spring means infection risks are over.”

Myth: Warmer weather means we can relax infection prevention practices.

Fact: Germs continue to circulate in spring. Hand hygiene, staying home when sick, and following IPAC guidance remain important year-round.

## April Takeaway

Spring is a season of renewal – and a great time to recommit to simple habits that protect one another. Thank you for your continued support in keeping our home safe and healthy.





# General Store Hours of Operation

	<b>Morning</b>	<b>Afternoon</b>
<b>Monday</b>	<b>9:30-11:30am</b>	<b>Closed</b>
<b>Tuesday</b>	<b>Closed</b>	<b>1:30-3:30pm</b>
<b>Wednesday</b>	<b>9:30-12:30pm</b>	<b>12:30-3:30pm</b>
<b>Thursday</b>	<b>9:30-12:30pm</b>	<b>12:30-2:20pm</b>
<b>Friday</b>	<b>9:30 - 12:00pm</b>	<b>Closed</b>
<b>Saturday</b>	<b>Closed</b>	<b>Closed</b>
<b>Sunday</b>	<b>9:30-12:30pm</b>	<b>Closed</b>


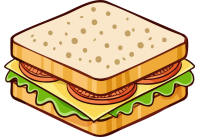



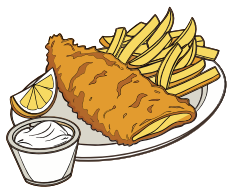



Thank you for your business!



**THE HUB**  
BALNAR FAMILY FOUNDATION  
COMMUNITY CAFÉ

# APRIL SPECIALS MENU



MONDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Maple Syrup Festival</b> Friday April 10th 10:00-1:00</p>	<p><b>Hot Roast Chicken Sandwich with Fries \$12</b></p> 	<p><b>Happy Hour &amp; BINGO</b> 6:30-7:30pm</p>	  <p><b>10:00 Easter Egg Hunt</b></p>
<p><b>Happy Hour &amp; Trivia</b> 6:30-7:30pm</p>	<p><b>Hamburger with Fries, Rings or Salad \$12</b></p>	<p><b>Happy Hour &amp; BINGO</b> 6:30-7:30pm</p>	<p><b>Maple Syrup Festival</b> 10:00am-1:00pm Pancakes, sausage and local maple syrup</p>
<p><b>Happy Hour &amp; Trivia</b> 6:30-7:30pm</p>	<p><b>Soup &amp; Fresh Bread \$10</b></p> 	<p><b>Happy Hour &amp; BINGO</b> 6:30-7:30pm</p>	<p><b>Fish &amp; Chips \$14</b></p> 
<p><b>Happy Hour &amp; Trivia</b> 6:30-7:30pm</p>	<p><b>Chicken Shawarma \$12</b></p> 	<p><b>Happy Hour &amp; BINGO</b> 6:30-7:30pm</p>	<p><b>Turkey Pot Pie with Salad \$12</b></p> 
<p><b>Happy Hour &amp; Trivia</b> 6:30-7:30pm</p>	<p><b>Grilled Cheese or Monte Criso Sandwich &amp; Soup \$12</b></p>	<p><b>Happy Hour &amp; BINGO</b> 6:30-7:30pm</p>	

**Wednesdays & Fridays:  
11:00am-2:00pm Lunch**

**Monday and Thursdays-  
Happy Hour 6:30-7:30pm  
\$5.00/alcoholic drink (1 drink maximum)**